

7. Studies may be conducted with other techniques than yogic practices and Varma.
8. Combination of Yoga with Varma Therapy and yoga with Pancha Karma Therapy may also be incorporated with other groups of study.
9. Like-minded study may also be conducted on other walks of life.
10. The Scientists are not yet sure with the findings, mainly on Varma Therapy explaining the relations with diabetics and hence further studies may be carried out on this subject.

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