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DECLARATION BY THE RESEARCH SCHOLAR

I, **S.MURUGESAN**, Research scholar (Full Time) of Doctor of Philosophy, in Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai, hereby declare that the dissertation entitled **“EFFECT OF YOGA PRACTICES WITH AND WITHOUT VARMA THERAPY ON SELECTED PHYSIOLOGICAL BIOCHEMICAL AND PSYCHOLOGICAL VARIABLES AMONG AGED TYPE II DIABETIC MEN”** submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Yoga is my original work and it has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar titles to any candidate of any University.

Station: Chennai

Date:

S. MURUGESAN