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DECLARATION BY THE RESEARCH SCHOLAR

I, **G.RAMAKRISHNAN**, scholar of Doctor of Philosophy, Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai, hereby declare that the dissertation entitled **“EFFECTS OF TRADITIONAL YOGA AND TIBETIAN YOGA ON SELECTED PHYSIOLOGICAL BIO-CHEMICAL AND PSYCHOLOGICAL VARIABLES AMONG DIABETIC WOMEN”** submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Yoga in my original work and it has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar titles to any candidate of any University.

Station : Chennai

Date :

G.RAMAKRISHNAN