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## ***DECLARATION***

I, **G.D. YOUVARAJ KUMAR.**, part time scholar of Doctor of Philosophy, in the Department of Yoga, Tamilnadu Physical Education and Sports University hereby declare that the dissertation entitled **“EFFECT OF VARIED YOGIC PRACTICES ON SELECTED SKILLS AND PERFORMANCE RELATED VARIABLES OF BADMINTON PLAYERS”** submitted to Tamil Nadu Physical Education and Sports University for the award of the Degree Doctor of Philosophy in Yoga is my original work done by me under the supervision and guidance of **Dr. K. VAITHIANATHAN**, Vice Chancellor (Rtd), Tamil Nadu Physical Education and Sports University, Chennai and it has not previously formed the basis for the award of any Degree, Diploma Associateship, Fellowship or any other similar titles to any candidate of any University.

Place : Chennai

Date : 31-12-2015

  
**(G.D. YOUVARAJ KUMAR)**