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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled “**EFFECT OF COMBINED AND ISOLATED YOGIC PRACTICES AND YOGIC DIET ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG OBESE ENGINEERING COLLEGE WOMEN STUDENTS**” is a record of research work done by **A. PUSHPALATHA** a part time scholar of Doctor of Philosophy, in Yoga, Tamil Nadu Physical Education and Sports University, Chennai during the year 2010 – 2014.

This dissertation is her original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

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Date: