## **ACKNOWLEDGEMENTS**

Completion of this doctoral dissertation was possible with the support of several people. Undertaking this PhD has been a truly life-changing experience for me. I would like to express my sincere gratitude to all of them.

First of all, I am extremely grateful to my research supervisor, Dr. SHAHIN AHMED Professor and Head, Department of Sports Management and Sports Psychology & Sociology, TNPESU. I am incredibly grateful for her valuable guidance, scholarly inputs and consistent encouragement I received throughout the research work. Her observations and comments helped me to establish the overall direction of the research and to move forward with investigation in depth. I could not have imagined having a better advisor and mentor for my PhD study.

Besides my guide, I would like to thank the rest of my Doctoral committee members Dr. M.V. SUDHAKARAN, Professor & Head, School of Social Sciences, Tamil Nadu Open University and Dr. S. PREM KUMAR, Professor Dept. of Sports Management, Sports Psychology and Sociology, TNPESU for their support and encouragement in completing this dissertation. This tremendous accomplishment could not have been achieved without your guidance, and willingness to help me complete my research work.

My thanks also go out to the support I received from Dr. V. MANGAIYARKARASI, Dr. P. GOPINATHAN and Dr. K. KANNADASAN. Department of Sports Psychology and Sociology

My sincere thanks also go to Dr. C. ARUMUGAM Controller of Examination, TNPESU.

I am also grateful to Dr.S. THIRUMALAI KUMAR, Professor and Head Dept. of Physical Education, Dr.J.ANITHA, Dept. of Statistics, Dr.ASHOK KUMAR, Librarian and other teaching and non teaching staffs of TNPESU.

I am grateful to Late Dr. EMMA GONSALVEZ Psychotherapist, who enlightened me with her teachings and shaped me through her Counseling, what I am in the field of counseling it is because of her. Also I thank EMMAUS Growth group for the support and special Thanks to Dr. MALATHI KARTHIBAN.

I thank all the subjects who involved in this study, also thank Mr. C. RAMALINGA REDDY Head Coach and Assistants of TENNIS LEGENDS ACADEMY, Chennai.

I greatly appreciate the support received from Dr. V. ARTHI Sports Psychologist and Special Educator, Mr. JEYKAR T LAZARUS Sports Psychologist SRMC, Dr. NIRMALA NARAYANAN, Head, Dept. of Psychology, KPASC Ms. VIDYA RAVIKUMAR and other scholars and students of TNPESU.

I thank my Well-wisher Mr. C. MUTHUKUMARASWAMY and his family for the constant encouragement and support.

Special thanks to my friends D.RANJITHKUMAR, Asst. Prof K.MANMADHAN M.A.,M.Phil.,(Eng), Dr.M.KALYANASUNDARAM, Dr.A.PRABUKUMAR, Dr.G.CHANDRAPRAKASH, Dr.S.VENGADESAN, Mr.R.KANNAN, Mr.A.BALU, Mr.R.PURUSHOTHAMAN, Dr.P.UMA and Mrs. ANUPAMA BHARADWAJ, M.A. (Eng) for being with me.

My deep and sincere gratitude to my father Mr. S.MOHANRAJ B.A (Retd. Work Inspector, PWD Ground Waters) my mother Mrs. M. MANIMOZHI, my twin brother Mr. M. RAM KUMAR B.E, Cognizant Technology Solutions and my younger brothers Mr. M. BHARATH KUMAR B.E, CISCO and Mr. M. PREM KUMAR B.E, Tata Consultancy Services. Thank you for always seeing the best of me and supporting me spiritually throughout my life.

Last but not the least; I thank God for Each and Everything.