

APPENDIX A

EMOTIONAL INTELLIGENCE

- My abilities are _____
- I feel self-improvement is _____
- When something is bothering me _____
- Understanding people's feelings _____
- When I meet new people I _____
- When discussing sensitive issues with people I

- When people disagree with me I _____
- If I know I am not good at what I am doing I

- When I want something I _____
- When I think about my family relationships I

- If I foresee problems in near future I _____
- I feel the values of people around me _____
- When I see people suffering _____
- Analyzing situations _____
- When my needs clash with other people's needs I

- When my teammates don't agree with my idea I

- When I receive feedback for my work I

- Being aware of what's happening around me at work is

- When people make mistakes _____
- When working in a team I _____
- When I face problems I _____

- When the environment requires me to change

- Principles in life are _____
- When in a new environment I _____
- When someone verbally attacks me I _____
- When I set goals I _____
- When I am feeling unhappy I _____
- When I think about my physical appearance

- When people tell me a secret I _____
- When I get angry I _____
- Manipulating people is _____
- The most important skill of a salesman is

- If I am aware of a training program which could help my colleague I

- Making friends with people I meet is _____
- My performance at work _____
- When I am angry at people I _____
- When I make mistakes _____
- People work well when _____
- The best way to make a person do what we want is by

- Maintaining relationships with people around is

- When a person finds it difficult to explain something I

- When someone is upset _____

APPENDIX B

TEAM INVOLVEMENT

- I like to involve myself in team meetings
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- The victory of the team is more important than mine
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- At times I feel that I had rather played an individual sport
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- I usually help my teammates who are in a tough situation
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- I give suggestions to my teammates on their game
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- I feel proud to be a part of my team
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- I feel I don't get the recognition I deserve in my team
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- My relationship with my teammates is good
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- I usually voice my opinion on team decisions
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree
- My suggestions are often taken in a wrong way
 - a) Strongly Disagree b) Disagree c) Neutral d) Agree e) Strongly Agree

APPENDIX C

ACHIEVEMENT SATISFACTION

- I am happy with what I have achieved so far in my game
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- The game I have chosen utilizes the best of my skills
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- Merely playing my sport makes me happy
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- I wish I had chosen a different sport
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- With regard to my sport I feel happy when I look back at my past
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- I feel my sport is apt for my thinking styles
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- I feel my sport is best suited for my body structure
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- I am happy with my achievements immaterial of what others think
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- I feel my sport has made a positive impact on my life
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree
- My sport is one thing I love to do the most
 - a) Strongly Disagree b) Disagree C) Neutral d) Agree e) Strongly Agree