

APENDIX A

STRESS

No.	Statement	1 Almost always true	2 Usually true	3 Seldom True	4 Never True
1	I do not like to wait for the people to complete their work before I can proceed for my own				
2	I hate to wait in most times				
3	People tell me that I tend to get irritated so easily				
4	Whenever possible I try to make activities competitive				
5	I have a tendency to rush into that needs to be done before knowing the procedure I will use to complete job				
6	Even when I go on vacation I usually take some work along				
7	When I make a mistake, it is usually due to the fact that I have rushed into the job before completely planning it through				
8	I feel guilty for taking time off to work				
9	People tell me I have a bad temper when it comes to competitive situations				
10	I tend to loose my temper when I am under a lot of pressure at work				
11	Whenever possible I will try to complete two or more task at once				
12	I tend to race against the clock				
13	I have no patience for lateness				
14	I catch myself rushing when there is no need				

APENDIX B

JOB INVOLVEMENT

Job Involvement Scale	Strongly Agree	Agree	Disagree	Strongly disagree
(1) I do not want to engage myself in the work after the working hours				
(2) I feel relaxed after the working hours				
(3) I feel pity when there is no work to do.				
(4) I feel boredom when i do not have any work to do				
(5) I am Fully committed to my job				
(6) To do work is the best source of recreation for me				
(7) When the work problem is not solved then i continue to think about that in the home also				
(8) Sometimes it is difficult for me to have sleep when i think about the job				
(9) Sometimes I cut my break to complete my job.				
(10) I prepare myself at house to attend the work in a better way.				
(11) I spend myself in job related activities				
(12) I get disappointed when my work is not completed				
(13) I keep myself engaged in the work without bothering about the happenings with me				
(14) I become anxious when the work is not completed				
(15) I think about the work at the time of doing it				
(16) I leave other important things for my work				
(17) In the holiday also I think that my work is not being done				
(18) I usually look at the watch for leaving about the time to stop the work				
(19) I complete my work even if it takes more than required nine without any extra salary.				
(20) How good a man is can be understood by his quality of work				
(21) I get maximum satisfaction from my work				
(22) My time files at the work				
(23) The important events of myself are related to my work				
(24) I feel bad at the work				

(25) There are other important work to me than the present one				
(26) Work is everything to me				
(27) Probably I will be continuing on my job ever if I have no need of money				
(28) Mostly I like to stay at home in comparison to coming for the work.				
(29) My work is the most important part of my life				
(30) I keep self-involved my work.				
(31) I escape from taking extra work and responsibility other than the allotted work				
(32) In the past I had more interest in any work than the present				
(33) There are other things important than the work				
(34) Some time I would like to blame myself for my faults at work.				
(35) I do not stay overtime ever if some work is incomplete				
(36) I find boredom in my job				
(37) I do not think about the work at the time of returning back to home from work.				
(38) I have chosen suitable job for myself				
(39) More money can be earned from some other job				
(40) I work only for the money				

APENDIX C

JOB SATISFACTION

Job Satisfaction Scale	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
(1) I have been getting promotion as per my qualification and experience					
(2) I have full confidence in the management of this organization.					
(3) Favoritism does not have any role to play in this organization					
(4) On the whole, I am satisfied with the general supervision in my department					
(5) Working conditions in this organization are satisfactory					
(6) I think this organization treats its employees better than any other organization					
(7) My superior keeps me informed about all policies/happenings of the organization					
(8) I feel that I have opportunity to present my problems to the management Strongly					
(9) My present job is as per my ability/qualification and experience					
(10) My supervisor behaves properly with me					
(11) I feel proud of working in this organization					
(12) Comparing the salary for similar jobs in other organizations i feel my pay is better					
(14) As per work requirement my pay is fair					

(15) My organization adopts best methods of work as early as possible					
(16) My job has helped me to learn more skills					
(17) I feel that my job is reasonably secure as long as I do good work					
(18) Promotions are made on merit in this organization					
(19) I usually feel fresh at the end of the day's work					
(20) My pay is enough for providing necessary things in my life					
(21) There is high team spirit in the work group					
(22) I am satisfied with welfare facilities (medical etc.) provided by the organization					
(23) On the whole, I feel I have good prospects or advancement in my job					
(24) I do not like to do this job but circumstances force me					
(25) If I get similar job in some other organization I would like to quit this job.					