

EFFECTS OF FACILITATORY TRAINING ON DETERMINANTS OF ATHLETIC PERFORMANCE IN YOUNG ADULTS

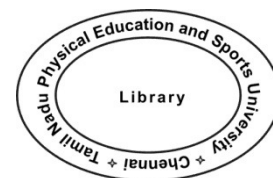
DISSERTATION

Submitted to the Tamil Nadu Physical Education and Sports University, Chennai
In partial fulfillment of the requirements for the Degree Of

DOCTOR OF PHILOSOPHY
IN
EXERCISE PHYSIOLOGY

By
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